

Local Mental Health Providers

The Marriage & Family Clinic

Specializes in working with LGBTQ+ clients
(385) 283-0502
Spanish Fork
<https://www.marriageandfamilyclinicutah.com/>

Hobble Creek Behavioral Health

In-person and telehealth options
(435) 314-9623
Spanish Fork,
<https://hobblecreek.org/>

Nebo Counseling

(385) 448-1611
Spanish Fork
<https://www.nebocounseling.com/>

Course Counseling:

801.901.3330
Spanish Fork
<https://www.coursecounseling.life/>

Hope Therapy

therapists who specialize in adolescents
(801) 515-2282
Spanish Fork
<https://hopemft.com/>

The Green House Center

(801) 210-7216
Springville
<https://greenhousecenter.org/>

Discovery Day Premier Teen Treatment

(801) 374-2121
Provo
<https://www.discoverydaytreatment.com/>

Quality Youth Services:

Specializes in adolescents
Group and individual therapy
all services can be delivered virtually
877-393-6232
<https://www.qualityyouthservices.com/>

Wasatch Behavioral Health:

accepts Medicaid, or can apply for a
school-based grant
(801) 852-3805
Payson
<https://www.wasatch.org/>

Keystone Family Counseling

(801)380-9305
Payson

Zest for Life Counseling

(801) 980-2566
Payson
<https://www.zestcounseling.com>

Sandstone Psychology

(801) 382-9338
Payson and Salem locations
<https://www.sandstonepsychology.org/>

Safe passage counseling

(801) 449-3165
Orem
<https://www.safepassagecounseling.org/>